

Coronavirus Prevention Guidelines for Fukui Residents Ver. 42

Underline indicates changes from previous version

We ask all Fukui Prefecture residents to follow the following guidelines to prevent the spread of the Novel Coronavirus (COVID-19).

Sugimoto Tatsuji, Governor of Fukui

[For all residents of Fukui Prefecture]

1 Turn basic prevention measures into a habit

- ☐ Keep rooms well ventilated (ventilate twice per hour, for a couple minutes each time).
- ☐ Practice social distancing from others (minimum 1 meter)
- ☐ Wash hands when arriving home and before eating. Avoid touching your eyes, nose, and mouth carelessly.

2 Lower your risk of potential infection

- ☐ Judge whether you will wear a mask based off your risk of infection regardless of whether you are indoors or outdoors.
- ☐ Cooperate with institutions and business that have continued to observe mask-wearing to prevent infection or exacerbation of existing illnesses within high infection risk individuals.

Ex).

- ☐ When visiting a medical institution for an examination
- ☐ When visiting a medical institution or eldercare facility
- ☐ When riding a crowded train or bus
- ☐ When using shops or stores, or when participating in events, etc.
- ☐ To avoid spreading infection to others, those with symptoms of infection* should avoid going outside, and in the unexpected case that you need to go outside (for hospital visits, etc.), avoid large crowds and wear a mask.
*Those that have tested positive on COVID-19 tests or have a member of your household that has tested positive.
- ☐ Avoid confined spaces with poor ventilation, crowded areas, and talking in close contact. These three factors are the biggest risk factor for spreading and contracting the coronavirus and it is important to avoid settings where these factors overlap.
- ☐ The elderly and those with underlying health conditions should take additional prevention measures depending on the case numbers such as avoiding crowds and wearing a mask when going outside to protect their health.
In addition, members of the same household should keep their home well ventilated to lower chances of infection.
- ☐ When visiting non-eating or drinking establishments, check that the stores you visit are displaying the “Fukui Infection Prevention Sticker” and try to refrain from visiting establishments not displaying the sticker.

3 Monitor your health

- Take your temperature regularly and monitor your entire household's health closely. If you have a fever or other symptoms, call your regular doctor or nearest medical institution. If you are unwell do not go to work or school.
If you do not have a regular doctor or are unsure of where to go, call the Corona-virus Consultation Center (0776-20-0795) and follow their guidance.

[For employers or business owners]

4 Make your workplace or business safe for all

- Store and business owners should strictly follow industry-determined guidelines and display the “Fukui Infection Prevention Sticker”.
- Employers should take extra prevention measures to prevent the “3 Cs” from overlapping in enclosed spaces such as smoking areas, locker rooms, and cafeterias.
- Employers should consider implementing comprehensive policies to reduce the risk of infection, including implementing work-from-home (telecommuting), dividing employees into different shifts to reduce the number of people in the workplace at one time, and conducting business remotely when possible in place of business trips.
- Create a work environment where employees feel safe and comfortable to take off work if they are ill.

[To all Fukui residents and business owners]

5 Do not discriminate or spread false rumors

- Be respectful and considerate of other individuals' decisions on whether they wear a mask and do not force anyone to take off or put on a mask.
- Do not discriminate or spread false rumors regarding patients, close contacts of patients, medical professionals, their families, or others involved.
- Do not discriminate against those that have not taken the COVID-19 vaccine or force them to take the vaccine.

References

【Fukui Prefectural Government Website】

To All Citizens of Fukui Prefecture

https://www.pref.fukui.lg.jp/doc/kenkou/kansensyo-yobousessyu/corona_ver2_2.html

【Cabinet Secretariat Website】

Initiatives Regarding the Spread of Infection

<https://corona.go.jp/proposal/>